

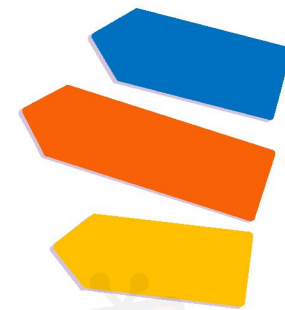


# Have Fun Learn English

with miss DORRA



# TEST





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# Reading comprehension



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# Read the text

These days I feel lazy. It's time to make some lifestyle changes! My friend Jim says that exercise and healthy eating are important. He says, "You can join the gym. You should have three healthy meals: breakfast, lunch and dinner. Cook all your food with fresh ingredients, no more fast food! Eat five portions of fruit and vegetables every day and drink lots of water. It's good to walk instead of driving." I like Jim's ideas and I want to be like him. I can watch TV less and start running, too. I should go to bed early and get eight hours' sleep every night. I can start getting fit today! I'm sure I can make it! *Henry, 30*



1 Tick (✓) the correct box. (1 mark)

A good title for the text can be

- a Jim's good habits
- b Keep fit, stay healthy!
- c Sports and food for all



2 Circle true or false. (3 marks)

- a Henry wants to change his life.
- b His friend can give him good advice.
- c Henry starts this programme in the new year.

(True / False)

(True / False)

(True / False)

3 Write two things that Henry should stop doing. (2 marks)

- a **Fast food** .....
- b **driving** .....





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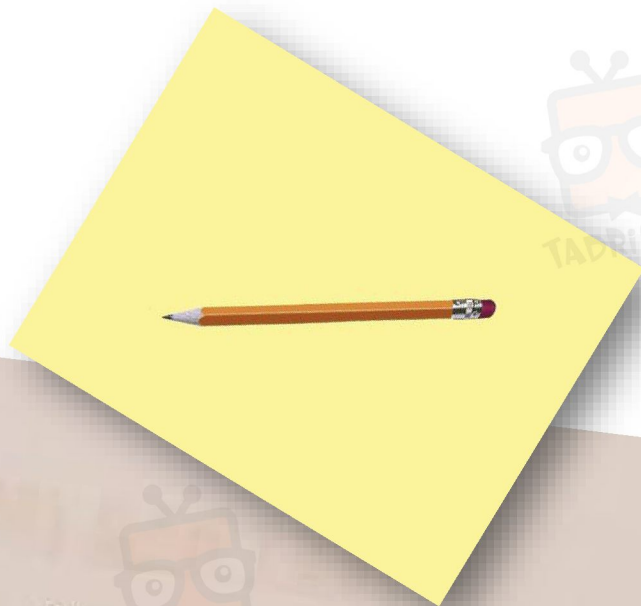


1 Fill in the blanks with three (3) words from the box. (3 marks)

- any • game • swimming • parks

There's a cinema and some beautiful **parks** in my town. There's a shopping centre called GoShop. But there aren't **any** sports centres. Next to my house, there's a **swimming** pool. I often go there with my friend Mark.





2 Circle the correct answer. (2 marks)

Most people in my country are good at football, (but/so/and) I'm not. My favourite sports are basketball and cricket. I (mustn't/can't/shouldn't) play cricket well, but I'm very good at basketball. I'm in the school (group/class/team).





3 Match the parts in A with the correct parts in B to make sentences. There is one part in B which you do not need. (3 marks)

| A                           | B                  | Answers      |
|-----------------------------|--------------------|--------------|
| 1 Mary, please tidy up      | a loudly at night. | 1 + <b>b</b> |
| 2 Jack's doing his homework | b your room.       | 2 + <b>d</b> |
| 3 We don't listen to music  | c the shops.       | 3 + <b>a</b> |
|                             | d very carefully.  |              |







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# Writing



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1 Put the sentences in the correct order to make a paragraph. (2 marks)

- a I have breakfast and then I go shopping with Mum.
- b At 5 pm I meet my friends, but I don't stay out late.
- c I do my homework and go to bed.
- d On Sunday, I get up late because there is no school.
- e In the afternoon, I have swimming lessons.

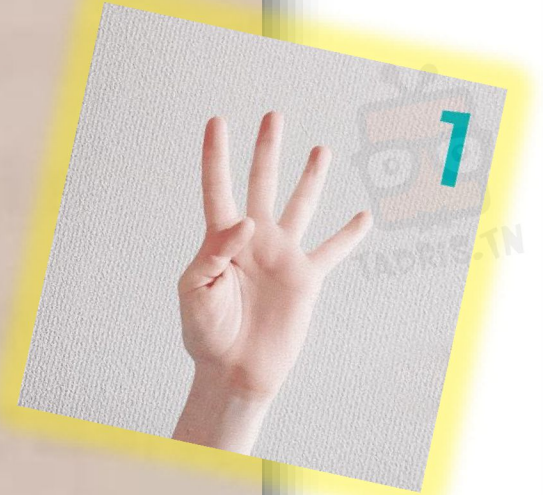
2

4

5

1

3



2 Your British friend Sam asks you how you spend your summer holidays.  
Write a short email answering Sam's question. (5 lines) (4 marks)

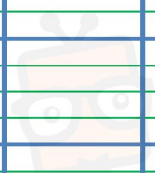


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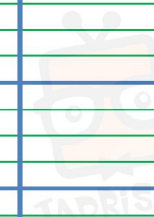
A large grid of handwriting lines for writing an email. The grid consists of 20 columns and 20 rows. A vertical red line is positioned at the beginning of the second column from the left. The grid is otherwise empty.



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